

NOVEMBER 18-19, 2017



VORGEER ICED GAP

- HOSTED BY:** Ottawa Youth Olympians (OYO) Swim Club
- LOCATION:** Richcraft Recreation Complex, 4101 Innovation Drive Ottawa, ON, K2K 0J3
- FACILITY:** 8 lane, 25 meter pool, electronic timing
- MEET PACKAGE:** The only meet package which will be considered as valid must be the most current version found on www.swimming.ca
- COMPETITION COORDINATOR:** Bruce Sheppard , Level V
- OFFICIALS CHAIR:** Doug West
Officials from other clubs wishing to volunteer or looking for deck evaluation opportunities are invited to contact Doug West at officials@oyoswim.com as soon as possible.
- MEET MANAGER:** Denise Chang , Melanie Alford, Email: meet.manager@oyoswim.com
- DESCRIPTION:** All events will be mixed time-finals, with all ages and genders seeded together based on time.
- COMPETITION RULES:** Sanctioned by Swim Ontario.
All current Swimming/Natation Canada (SNC) rules will be followed.
- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).
- For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.
- AGE UP DATE:** Ages submitted are to be as of: November 18, 2017 (the first day of the meet)

- MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:
Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.
- Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.
- In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.
- Results will be posted separately by the gender of swimmers.
- ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.
- Preference will be given to the host club first.
This is an invitational meet. Participation of this meet is at the full discretion of the host club.
Foreign competitors are welcome, subject to the provisions below.
- There are **no time standards or prerequisites**.
- FOREIGN COMPETITORS: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.
All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.
- ENTRY FEE: Entry Fee per swimmer is \$65 flat rate for up to 7 swims over 3 sessions.
Payment is due upon arrival. Please make cheques payable to: "OYO Swim Club"
- ENTRIES: Entries must be submitted through the SNC online entries system at www.swimming.ca . Meet Management will not accept entries via email.
Online Entry Deadline: November 10, 2017 at midnight
- Changes to entries will not be accepted after November 12, 2017 at midnight. After that time, fees will be calculated; no refunds will be granted for missed swims.
 - Swimmers with provable times recorded during the qualifying period must submit those times. Swimmers with no previously recorded times must submit entries with a reasonably accurate time. Estimated times preferred over NT times. Coaches will be asked to submit a list of swimmers in each event with estimated times by the entry deadline.
 - Entries will be accepted on a first-come, first-in basis.
 - The Meet Manager reserves the right to limit entries in all events.
 - The Meet Manager reserves the right to swim two per lane in the 400, 800, 1500 Free
 - Swimmers may swim maximum of 4 individual events per session to a maximum of 7 individual events

SCHEDULE OF SESSIONS:

| <u>Session #</u> | <u>Date</u> | <u>Warm Up</u> | <u>Start</u> | <u>Finish</u> | <u>Estimated Duration</u> |
|------------------|-------------|----------------|----------------|----------------|---------------------------|
| <u>1</u> | Nov 18 | <u>1:30pm</u> | <u>2:15pm</u> | <u>5:15pm</u> | <u>3</u> |
| <u>2</u> | Nov 19 | <u>7:30 am</u> | <u>8:15 am</u> | <u>11:15pm</u> | <u>3</u> |
| <u>3</u> | Nov 19 | <u>12:15pm</u> | <u>1pm</u> | <u>4pm</u> | <u>3</u> |

SCHEDULE OF EVENTS: See event list - Appendix

COACH'S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH'S

MEETING: **A coaches meeting will be held on Sunday November 19 at 8am outside the Meet Management Office.**

SEEDING: Events will be seeded slowest to fastest.

TIME SPLITS: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES: No deck entries allowed

CHECK IN

AND SCRATCHES: Scratches are to be made at the clerk of course desk 30 minutes prior to the start of each session.

SCORING: No Scoring

AWARDS: **Ribbons for individual events (1st-6th) will be awarded by age groups 10 and under, 11-12, 13-14 and 15+. Personal Best Ribbons - Achieve a P.B. in their event based on previous times or coach's estimated time.**

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca
Results will be posted as quickly as possible at the meet.

RECORDING

OF EVENT: Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &

LIABILITY Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

FOOD/DRINK

Water is the only beverage allowed on the pool deck. Coaches/officials are asked to bring their own water bottle. There is a water fountain on deck to refill bottles. Hospitality will be available to the coaches and volunteers.

Appendix

ORDER OF EVENTS

Session 1 – Mixed Finals

Warm up: 1:30 PM Start: 2:15 PM

| event # | Event Description |
|---------|-------------------|
| 1 | 800 Free |
| 2 | 1500 Free |

Session 2 – Mixed Finals

Warm up: 7:30 AM Start: 8:15 AM

LUNCH BREAK 11:15 am to 12:15 PM

| Event # | Event Description |
|---------|-------------------|
| 1 | 200 Free |
| 2 | 50 Breast |
| 3 | 100 Fly |
| 4 | 200 Breast |
| 5 | 100 Back |
| 6 | 50 Free |
| 7 | 400 Free |
| | |

Session 3* Mixed Finals

Warm up: 12:15 PM Start: 1:00 PM

| Event # | Event Description |
|---------|-------------------|
| 8 | 200 Back |
| 9 | 50 Back |
| 10 | 100 Breast |
| 11 | 100 IM |
| 12 | 100 Free |
| 13 | 50 Fly |
| 14 | 200 IM |
| 15 | 400 IM |

* Afternoon start times may be adjusted based on entries